

Selected academic CV

Ryan S. Sultan, MD
Assistant Professor of Clinical Psychiatry
Columbia University Irving Medical Center
Page updated: September 9, 2026

Education

2011 - Doctor of Medicine (MD)

Drexel University College of Medicine, Philadelphia, PA

2006 - Bachelor of Science in Environmental Science

Trinity College, Hartford, CT

Human Relations Award

Post-Doctoral Training

2021-2026 - NIDA Mentored Clinical Scientist Development Program (K12)

Columbia Vagelos College of Physicians and Surgeons, Department of Psychiatry

Focus: Bioinformatics and Substance Use

Mentors: Frances Levin, MD and Tim Wilens, MD (Mass General/Harvard)

New York, NY

NIMH Translational Research Fellowship (T32)

Columbia University College of Physicians and Surgeons, Department of Psychiatry

Focus: Child Mental Health Epidemiology and Psychopharmacology

Mentors: Mark Olfson, MD MPH, and Jeremy Veenstra-VanderWeele, MD

New York, NY

2014-2016 - Fellowship in Child and Adolescent Psychiatry

NewYork-Presbyterian Hospital, Columbia and Cornell

Department of Psychiatry

New York, NY

2011-2014 - Residency Training in General Psychiatry

Emory University School of Medicine, Department of Psychiatry

Atlanta, GA

PGY-2 & PGY-3 VA rotations: Department of Veterans Affairs, with Erica Duncan, MD. Research included an evaluation of changes to clozapine monitoring guidelines; see the published analysis.

2014 - Certificate in Psychoanalytic Studies

Emory School of Medicine, Department of Psychiatry, Psychoanalytic Institute

Atlanta, GA

Professional Positions

Assistant Professor of Clinical Psychiatry

Columbia University Irving Medical Center, New York, NY

Current institutional appointment

2016 - Present

Attending Psychiatrist
NewYork-Presbyterian Hospital
New York, NY

2015 - Present

Medical Director
Integrative Psych - Learn about our integrative approach
New York, NY

2016 - 2018

Inpatient Attending Physician
Mount Sinai Hospital - Adult Psychiatry Units (Clark 8 & 7G)
New York, NY

2013 - 2014

Psychiatric Emergency Room Physician
Georgia Regional Hospital
Atlanta, GA

Honors & Awards

2019 - Excellence in Teaching, Columbia and Creedmoor Residents

2018 - Chief Fellow, Columbia University Irving Medical Center

2006 - Human Relations Award, Trinity College

Board Certifications

2016 - American Board of Psychiatry and Neurology - Child and Adolescent Psychiatry

2015 - American Board of Psychiatry and Neurology - General Psychiatry

Additional Certifications & Training

Massachusetts General Hospital at Harvard Medical School - Positivity And Relaxing Training (PART) Program

EMDR Institute - EMDR Therapy Training

DELE Spanish Language Certification - B2 Intermediate Level

Medical Licensure

New York — Medical license #275559

Virginia — Medical license #0101269261

Montana — Medical license #MED-PHYS-LIC-156069

Florida — Out-of-State Telehealth Provider Registration #TPME5432

Credential types and verification sources

Research support

Research support has included the NIDA institutional career development program (K12), NIMH research training (T32), an AACAP pilot research award, and Columbia institutional support.

See the research support overview and publications for context.

Selected Publications

Cannabis Use Among US Adolescents.

Sultan RS, Zhang AW, Becker TD, Sethaputra P, Simon KM, Huang Y, Levin FR, Levy S, Olfson M. *Pediatrics*. 2026;157(1):e2024070509. doi:10.1542/peds.2024-070509

Protective Effects of ADHD Medication on Real-World Outcomes. Invited editorial.

Sultan RS, Saunders DC, Veenstra-VanderWeele J. *JAMA Psychiatry*. 2025;82(8):757–758. doi:10.1001/jamapsychiatry.2025.0918

Nondisordered Cannabis Use Among US Adolescents.

Sultan RS, Zhang AW, Olfson M, Kwizera MH, Levin FR. *JAMA Network Open*. 2023;6(5):e2311294. doi:10.1001/jamanetworkopen.2023.11294

Selected publications · PubMed author search · Google Scholar profile

Sultan RS, Wang S, Crystal S, Olfson M. "Antipsychotic Treatment Among Youths With Attention-Deficit/Hyperactivity Disorder." *JAMA Network Open*. 2019;2(7):e197850.

Complete publication list

Clinical Education & Presentations

Selected Teaching Materials:

Tantrums & Emotional Dysregulation in School-Aged Children - Clinical Grand Rounds

Catatonia in Children and Adolescents - Pediatric Neuropsychiatry Case Conference

Neuroscience-Based Nomenclature for ADHD Medications - JAACAP Letter

View all presentations | Teaching experience

Professional Organizations & Committees

Memberships & Leadership Positions

2023 - Present

American Academy of Child and Adolescent Psychiatry (AACAP)

Pharmacology and Neurotherapeutics Committee

American Academy of Child and Adolescent Psychiatry (AACAP), member

Journal Reviewer

2025

American Journal of Psychiatry

The British Journal of Psychiatry (BJPsych)

BMJ Group

JAACAP Open

JAMA Network Open

09/2025

Springer Nature Reviewer Communities (BMC Psychiatry)

Consultative Positions

2020 - 2023

Avenues The World School, Chelsea Campus
Consultation On Youth Mental Health During The COVID-19 Pandemic
New York, NY

2017 - 2018

New York Center for Autism Charter School
Behavioral & Psychopharmacological Consultation
New York, NY

Advisory and Media Roles

Recovered.org - Medical Advisor
Shortlister - Medical Advisory Board
Qwoted - Expert Platform for Media

Media & Public Engagement

Selected interviews and public commentary
[View all media appearances](#)

Research Interests

Psychopharmacoepidemiology
ADHD treatment patterns and outcomes
Cannabis use disorders and psychosis
Digital therapeutics and AI/LLM interventions
Digital mental health and social media impacts
Health services research and treatment access