Full public curriculum vitae

Ryan S. Sultan, MD
Assistant Professor of Clinical Psychiatry
Columbia University Irving Medical Center
Page updated: October 19, 2026

Education

2011 - Doctor of Medicine (MD)
Drexel University College of Medicine, Philadelphia, PA

2006 - Bachelor of Science in Environmental Science
Trinity College, Hartford, CT
Human Relations Award

Post-Doctoral Training

2021-2026 - NIDA Mentored Clinical Scientist Development Program (K12)
Columbia Vagelos College of Physicians and Surgeons, Department of Psychiatry
Focus: Bioinformatics and Substance Use
Mentors: Frances Levin, MD and Tim Wilens, MD (Mass General/Harvard)
New York, NY

NIMH Translational Research Fellowship (T32)
Columbia University College of Physicians and Surgeons, Department of Psychiatry
Focus: Child Mental Health Epidemiology and Psychopharmacology
Mentors: Mark Olfson, MD MPH, and Jeremy Veenstra-VanderWeele, MD
New York, NY

2014-2016 - Fellowship in Child and Adolescent Psychiatry
NewYork-Presbyterian Hospital, Columbia and Cornell
Department of Psychiatry
New York, NY

2011-2014 - Residency Training in General Psychiatry
Emory University School of Medicine, Department of Psychiatry
Atlanta, GA

PGY-2 & PGY-3 VA rotations: Department of Veterans Affairs, with Erica Duncan, MD. Research included an evaluation of changes to clozapine monitoring guidelines; see the published analysis.

2014 - Certificate in Psychoanalytic Studies
Emory School of Medicine, Department of Psychiatry, Psychoanalytic Institute
Atlanta, GA

Professional Positions

Assistant Professor of Clinical Psychiatry
Columbia University Irving Medical Center, New York, NY
Current institutional appointment

2016 - Present
Attending Psychiatrist
NewYork-Presbyterian Hospital
New York, NY

2015 - Present
Medical Director
Integrative Psych - Learn about our integrative approach
New York, NY

2016 - 2018
Inpatient Attending Physician
Mount Sinai Hospital - Adult Psychiatry Units (Clark 8 & 7G)
New York, NY

2013 - 2014
Psychiatric Emergency Room Physician
Georgia Regional Hospital
Atlanta, GA

Honors & Awards

2019 - Excellence in Teaching, Columbia and Creedmoor Residents

2018 - Chief Fellow, Columbia University Irving Medical Center

2006 - Human Relations Award, Trinity College

Board Certifications

2016 - American Board of Psychiatry and Neurology - Child and Adolescent Psychiatry

2015 - American Board of Psychiatry and Neurology - General Psychiatry

Additional Certifications & Training

Massachusetts General Hospital at Harvard Medical School - Positivity And Relaxing Training (PART) Program

EMDR Institute - EMDR Therapy Training

DELE Spanish Language Certification - B2 Intermediate Level

Medical Licensure

New York — Medical license #275559
Virginia — Medical license #0101269261
Montana — Medical license #MED-PHYS-LIC-156069
Florida — Out-of-State Telehealth Provider Registration #TPME5432
Credential types and verification sources

Research support

Research support has included the NIDA institutional career development program (K12), NIMH research training (T32), an AACAP pilot research award, and Columbia institutional support.

See the research support overview and publications for context.

Selected Publications

Cannabis Use Among US Adolescents.
Sultan RS, Zhang AW, Becker TD, Sethaputra P, Simon KM, Huang Y, Levin FR, Levy S, Olfson M. *Pediatrics.* 2026;157(1):e2024070509. doi:10.1542/peds.2024-070509

Protective Effects of ADHD Medication on Real-World Outcomes. Invited editorial.
Sultan RS, Saunders DC, Veenstra-VanderWeele J. *JAMA Psychiatry.* 2025;82(8):757–758. doi:10.1001/jamapsychiatry.2025.0918

Nondisordered Cannabis Use Among US Adolescents.
Sultan RS, Zhang AW, Olfson M, Kwizera MH, Levin FR. *JAMA Network Open.* 2023;6(5):e2311294. doi:10.1001/jamanetworkopen.2023.11294

Selected publications · PubMed author search · Google Scholar profile

Sultan RS, Wang S, Crystal S, Olfson M. "Antipsychotic Treatment Among Youths With Attention-Deficit/Hyperactivity Disorder." *JAMA Network Open.* 2019;2(7):e197850.

Complete publication list

Clinical Education & Presentations

Selected Teaching Materials:
Tantrums & Emotional Dysregulation in School-Aged Children - Clinical Grand Rounds
Catatonia in Children and Adolescents - Pediatric Neuropsychiatry Case Conference
Neuroscience-Based Nomenclature for ADHD Medications - JAACAP Letter

View all presentations | Teaching experience

Professional Organizations & Committees

Memberships & Leadership Positions

2023 - Present
American Academy of Child and Adolescent Psychiatry (AACAP)
Pharmacology and Neurotherapeutics Committee

American Academy of Child and Adolescent Psychiatry (AACAP), member

Journal Reviewer

2025
American Journal of Psychiatry
The British Journal of Psychiatry (BJPsych)
BMJ Group
JAACAP Open
JAMA Network Open

09/2025
Springer Nature Reviewer Communities (BMC Psychiatry)

Consultative Positions

2020 - 2023
Avenues The World School, Chelsea Campus
Consultation On Youth Mental Health During The COVID-19 Pandemic
New York, NY

2017 - 2018
New York Center for Autism Charter School
Behavioral & Psychopharmacological Consultation
New York, NY

Advisory and Media Roles

Recovered.org - Medical Advisor
Shortlister - Medical Advisory Board
Qwoted - Expert Platform for Media

Media & Public Engagement

Selected interviews and public commentary

View all media appearances

Research Interests

Psychopharmacoepidemiology
ADHD treatment patterns and outcomes
Cannabis use disorders and psychosis
Digital therapeutics and AI/LLM interventions
Digital mental health and social media impacts
Health services research and treatment access

Administrative Leadership & Academic Service

Academic Service

2023 - Present - American Academy of Child and Adolescent Psychiatry, Pharmacology and Neurotherapeutics Committee

Sept 2013 - Oct 2014 - Sexual Orientation and Gender Identity Issues, AACAP Committee

July 2011 - June 2014 - Residency Education Committee, Department of Psychiatry, Emory SOM

February 2012 - June 2014 - Department of Psychiatry Education Committee, Emory SOM

December 2011 - June 2013 - Ethics Committee, Grady Memorial Hospital, Emory SOM

September 2011 - Quality Academy: Leadership for Healthcare Improvement, Emory SOM

Administrative Leadership at CUIMC and NYP

Sept 2015 - June 2016 - Tricampus Committee on Child Psychiatry Training Outpatient Services, NYP Hospital

Educational Contributions

Direct Teaching/Precepting/Supervising

2021 - Present - Integrative Psych Lecture Series
Lead instructor for 10 licensed clinicians, weekly throughout the year

2023 - Seminar in Psychotherapy
Co-Lecturer, Columbia University undergraduate students, 1 semester

July 2016 - June 2018 - Columbia Psychiatry Residency
Supervisor, weekly clinic at I6

2014 - 2019 - Advanced Child and Adolescent Psychiatry
Lecturer, 10 Creedmoor/Columbia residents, 3 hours/week

2014 - 2016 - Medical Student and Resident Teaching, Child and Adolescent Psychiatry
Resident teacher, Weill Cornell and Columbia, 1 hour/week

2011 - 2014 - Medical Student Teaching, General Psychiatric Principles
Resident teacher, Emory School of Medicine, 1 hour/week

2015 - Pediatric Teaching Rounds: Emotional Dysregulation
Course Lecturer, 30 residents and attending at Cornell Medical College

2016 - Pediatric Teaching Rounds: Catatonia
Course Lecturer, 15 residents and attending at Cornell Medical College

Educational Administration & Leadership

January 2021 - Present - Director of Sultan Lab at Columbia University Irving Medical Center
Team of 7 researchers

2014 - Present - Director of Integrative Psych
Team of 10 clinicians

Book/Textbook Chapters

Sultan, R. S., Zhang, A., & Levin, F. R. "Adult Attention Deficit Hyperactivity Disorder in Patients with Substance Use Disorders." 2021.

Poster Presentations

Sultan, R. S., & Zhang, A. (2024). "Impact of Cannabis on ADHD and Comorbid Conditions." AACAP, Orlando, FL.

Sultan, R. S., Zhang, A., Levin, F. R., Wilens, T., & Olfson, M. (2024). K12 Retreat. AACAP, New York, NY.

Sultan, R. S., Zhang, A., & Levin, F. R. (2023). "Patterns and Associations of Cannabis Use Among US Adolescents." American Academy of Addiction Psychiatry, San Diego, CA.

Sultan, R. S., Zhang, A., & Levin, F. R. (2023). "Patterns and Associations of Substance Use Among US Adolescents." AACAP, New York, NY.

Sultan, R. S., Zhang, A., & Levin, F. R. (2022). "Mental Health and Life Events in Adolescents with Substance Use Disorders in the United States." College on Problems of Drug Dependence, Minneapolis, MN.

Sultan, R. S. (2022). K12 Mini-Retreat. AACAP, New York, NY.

Sultan, R. S., Mohatt, J. M., & Walkup, J. T. (2019). "ADHD Outcomes and Impairments: Beyond a Childhood Disorder." APA, San Francisco, CA.

Sultan, R. S., & Olfson, M. (2016). "National Rates of Psychotropic Medication Prescribing in Pediatric Populations." AACAP, New York, NY.

Sultan, R. S., & Olfson, M. (2016). "Rates of Psychotropic Prescribing Among Children, Adolescents, and Young Adults." Congress of AEPNYA/AACAP, San Sebastian, Spain.

Sultan, R. S., Duncan, E., & Olfson, M. (2016). "Changes in FDA Guidelines for Clozapine Monitoring System in the Veteran Affairs Medical System." APA, Atlanta, GA.

Sultan, R. S., Carroll, C. L., Smith, S. R., & Zucker, A. R. (2007). "Obesity Increases ICU Asthma Admission in Children." Pediatric Academic Societies, Toronto, Canada.

Walkup, J. T., & Sultan, R. S. (2018). "ADHD and Comorbidity." IACAPAP, Prague, Czech Republic.

Sultan, R. S., Olfson, M., & Posner, J. (2018). "Antipsychotics and ADHD: Clinical Factors Associated with Antipsychotic Prescribing in Youth with ADHD." IACAPAP, Prague, Czech Republic.

Environmental Science Publications

Geiss, C. E., Abrams, J. L., & Sultan, R. S. (2005). "Multi-Proxy Analysis of Lake Sediments from Western Connecticut Reveals Changes in Past Environments and Land Use." *EOS Transactions AGU*, 86(18).

Geiss, C. E., Abrams, J. L., Sultan, R. S., & Rodriguez, E. A. (2005). "Multi-Proxy Analysis of Lake Sediments Reveals Paleo-Environmental Change in Western Connecticut Throughout the Holocene." *Geological Society of America Abstracts*, 37(5), 72.

Non-Peer-Reviewed Publications

Sultan, R. S. (2026, October). "Should ADHD Be Treated If Your Teen Is Using Cannabis? What Parents Need to Know." *Attention Magazine* (CHADD), October 2026, pp. 18–21. [PDF]
Sultan, R. S. (2020). "Coping with the Crisis: How to Help Our Children." *Shelter Island Reporter*.
Sultan, R. S. (2020). "Coping with the Crisis: What We Know." *Shelter Island Reporter*.
Sultan, R. S. (2020). "Re-Entry Anxiety." *Shelter Island Reporter*.
Sultan, R. S. (2020). "Settling into a New Life." *Shelter Island Reporter*.
Sultan, R. S. (2020). "Past Fear, Masks, and Back to an Island Tradition." *Shelter Island Reporter*.

Invited & Peer-Selected Presentations

March 27, 2026 - Columbia Data Science Institute, AI Companion Workshop: AI Companions & the Future of Care

October 10, 2024 - U.S. Food and Drug Administration (FDA) — Invited Presenter, Cannabis Access and Safety in New York (CASNY) Study: Phase I (Youth Advertising & Access), Phase II (Packaging and Labeling Analysis), Phase III (Chemical Accuracy and Safety)

January 17, 2026 - The American Professional Society of ADHD and Related Disorders (APSARD), Saturday Morning Plenary: Do Stimulant Medications Prevent Substance Use?

December 4, 2025 - Invited Talk on Emerging Issues on Addiction & CASNY Pilot Phase I, II, and III - A Multi-dimensional analysis of cannabis in the NYC area (with Dr. Becker)

Invited Grand Rounds and Case Conference at Creedmoor Psychiatric on Clozapine Treatment

Additional publication records

Sultan RS, Zhang AW, Becker TD, Sethaputra P, Simon KM, Huang Y, Levin FR, Levy S, Olfson M.
Pediatrics. 2026;157(1):e2024070509.
DOI: 10.1542/peds.2024-070509 | [PDF]

Sultan RS, Saunders DC, Veenstra-VanderWeele J.
JAMA Psychiatry. 2025;82(8):757–758. **Invited editorial.**
DOI: 10.1001/jamapsychiatry.2025.0918 | [PDF]

Labeling of Cannabis Products from Licensed and Unlicensed Retailers in New York City
Becker TD, Menzi P, Sultan RS.
American Journal of Preventive Medicine. 2025.
Part of the CASNY Study

MIND: Empowering Mental Health Clinicians with Multimodal Data Insights through a Narrative Dashboard
Zou R, Xu S, Morris ME, Ryu J, Becker TD, Allen N, Albano AM, Auerbach R, Adler D, Mishra V, Padilla L, Wang D, Sultan R, Xu X.
Proceedings of the 2026 CHI Conference on Human Factors in Computing Systems.
ACM publication · Author manuscript

Antipsychotic Treatment Among Youths With Attention-Deficit/Hyperactivity Disorder
Sultan RS, Wang S, Crystal S, Olfson M.
JAMA Network Open. 2019;2(7):e197850.
DOI: 10.1001/jamanetworkopen.2019.7850 | [PDF]

Becker T, Olfson M, Menzi P, Levin F, Hasin D, Nuckolls C, Sultan RS.
Pediatrics. 2025.
Part of the CASNY Study | [PDF]

Sultan RS, Zhang AW, Olfson M, Kwizera MH, Levin FR.
JAMA Network Open. 2023;6(5):e2311294.
DOI: 10.1001/jamanetworkopen.2023.11294 | [PDF]

Evaluating the Effect of Changes in FDA Guidelines for Clozapine Monitoring
Sultan RS, Olfson M, Correll CU, Duncan EJ.
Journal of Clinical Psychiatry. 2017;78(8):e933-e939.
DOI: 10.4088/JCP.16m11152 | [PDF]

Adolescents with Attention-Deficit/Hyperactivity Disorder: Adverse Behaviors and Comorbidity
Sultan RS, Liu SM, Hacker KA, Olfson M.
Journal of Adolescent Health. 2021;68(2):284-291. | [PDF]

What's in a Name? Moving to Neuroscience-Based Nomenclature in Pediatric Psychopharmacology
Sultan RS, Correll CU, Zohar J, Zalsman G, Veenstra-VanderWeele J.
Journal of the American Academy of Child and Adolescent Psychiatry. 2018;57(10). DOI: 10.1016/j.jaac.2018.05.024 | [PDF]

Beneficial Pre-ECT Ketamine Infusion in a Patient with Treatment-Resistant Depression
Sultan R, Riva-Posse P, Garlow SJ, Schwartz AC.
Psychosomatics. 2014;55(4):396-399.
DOI: 10.1016/j.psym.2013.12.002 | PMID: 24735865

Sultan RS, Correll CU, Schoenbaum M, King M, Walkup JT, Olfson M.
Journal of Child and Adolescent Psychopharmacology. 2018;28(3):158-165. | [PDF]

Publication summaries and source records · PubMed author search